

**“It was like
a whirlpool.
It swallowed
everything.”**



**This is gambling harm.
Let's talk about it.**



GambleAware
gambleaware.nsw.gov.au
1800 858 858



**“It was like
a shattered
mirror.
I barely
recognised
myself.”**



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Let's talk about it.**



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1800 858 858



**“It weighed
heavily on
me and on
my family.”**



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**“It felt like a pit.
I couldn’t see
a way out.”**



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